

Services



Emergency Services

Royal Canadian Mounted Police (RCMP)

340 Lorne Avenue East
General Inquiries: 857-4445
Emergencies: **911** or 857-8767
www.rcmp-grc.gc.ca

Portage la Prairie Emergency Services (fire and rescue)

124 3rd Street NE
sharont@city-plap.com
<http://www.city.portage-la-prairie.mb.ca/corporate/fire.asp>
General Inquiries: 239-8340
Emergencies: **911**

Portage and District General Hospital

524 5th Street SE
Phone: 239-2211
For Emergencies call **911**

Portage Family Abuse Centre

Phone: 239-5234
Crisis intervention and ongoing support for abused women and their children. Public education regarding domestic violence.

Media

Central Manitoba Shopper & News

1943 Saskatchewan Avenue West
Phone: 857-7582 Fax: 239-5437 cmshopper@shawcable.com
A free weekly newspaper.

Central Plains Herald-Leader

1941 Saskatchewan Avenue West
Phone 857-3427 Fax: 239-1270 www.cpheraldleader.com
A regional free newspaper on Saturdays only.

Portage la Prairie Daily Graphic

1941 Saskatchewan Avenue West
Phone: 857-3427 Fax: 239-1270 www.portagedailygraphic.com

A Tuesday – Friday daily newspaper you can buy at a grocery or convenience store or you can subscribe to a paper or online version.

Portage Online

www.portageonline.com
An online news source for Portage la Prairie and area.

Central Plains Info Guide

A community directory of clubs and organizations within the City of Portage la Prairie and the Central Plains region. You can pick this up at The Daily Graphic building, 1941 Saskatchewan Avenue West or go online to www.cpheraldleader.com >> Special Sections>> Central Plains Info Guide
www.thedailygraphic.com/media/PDFs/central_plains_info_book.pdf

Media Continued

CFRY and Mix 96

350 River Road
▪ Phone: 239-5111
CFRY is a country music radio station whose motto is “Real Country Radio”. You can listen to at 920AM or 93.1FM.
<http://cfryradio.ca/>
▪ Mix 96 is a pop music station whose motto is “The Best Songs, The Best Variety”. You can listen at 96.5FM.
<http://mix965fm.com/>

Library

Portage la Prairie Regional Library

B-40 Royal Road North Phone: 857-4271
portlib@portagelibrary.com. Internet access is free for members and a fee for non-members with identification. Free wireless internet is available within the library.

Dry Cleaning / Laundromats

Kings Dry cleaning: 2401 Saskatchewan Avenue W (Canad Inns Mall), Ph: 239-5211

Portage Laundromat & Dry Cleaning: 106 Saskatchewan Avenue West. Phone: 857-3580

Precious Cleaners and Rentals: 90 - 4th Street SE. Phone 239-0432

Wash Stop: 60 24th Street NW. Phone: 239-1481

Health Clubs

Curves for Women

50 Saskatchewan Ave E 857-4211

Portage Fitness Co-op

2401 Saskatchewan Ave. W 856-0991

Southport Rec Centre

Building 79 Southport 428-6050

Important Links

The City of Portage la Prairie's website:
www.city.portage-la-prairie.mb.ca

The City of Portage la Prairie's tourism website:
www.tourismportage.com

The Portage Learning and Literacy Centre's website:
www.learningcentre.net

Portage Immigrant Resource Centre's website:
www.learningcentre.net/page/page/5403102.htm

Events in Portage la Prairie

For an up-to-date listing of events in Portage la Prairie:
www.tourismportage.com